The Reminder

October 2018

Senior Men's Club of Birmingham, Michigan



Inside

2..... Senior Health Matters
.....Associates Meeting
.....Medical Emergency Preparedness Team
.....Great Speakers
3.....Groups

-Reading
-Investment
-Movie
-Computer
-Camera

4..... Annual Giving Initiative

-Genealogy

5..... Notes from the President

6..... Special Events

......2019 Handbook

.....Classic Movie Group Annual Meeting

7.....Membership News

.....Here Comes the Jug

..... Dues are Due!

..... Dress Code

8......Mystery LyricsSports Trivia

New Life Members

Two long time members recently were honored as the latest in the Club's most prestigious category – Life Membership.



Art Pope



Mark Kelly

ART POPE joined our Club in 2003. He was born in Chicago and grew up in several southern states as his father worked for the Tennessee Valley Authority. Art earned a degree in Mechanical Engineering from Tennessee Tech. After graduation, he served with the Army Signal Corps in Hawaii, and continued in the U.S. Army Reserves until 1967. As a civilian, Art worked for Ford Motor Company as a chassis engineer, serving as the Executive Engineer at the Ford plant in São Paulo, Brazil.

Art married Marjorie in 1961 – a union which produced two daughters and five grandchildren. He serves on the Board of Trustees of Rochester College and the Military Vehicle Preservation Association and is also involved in Model T preservation efforts. He enjoys golf, tennis and restoring WWII military vehicles. Club members will remember Art impersonating General George Patton in full uniform at Club meeting presentations. Congratulations, Art!

MARK KELLY joined the Club in 2006. He was born in Cleveland, but grew up on a farm in Geneva, Ohio. He joined the Naval Reserves and after high school graduation, was activated and sailed the world. He then attended the University of Dayton, earning an Engineering Degree, working first with Richard Wilcox and then with Jervis Webb in Detroit. He then formed a money management company, solving client investment problems, while financing his children's education.

After retirement, Mark pursued a long standing challenge – that of authoring biographical novels, a number of which are in print.

Mark and wife Donna have two sons and two daughters and live in Bloomfield Hills. He enjoys meeting new and interesting Club members at meetings and participates in Club bridge sessions. Congratulations, Mark!

—Tim McGee and Dick Harper

OCTOBER PROGRAMS

OCTOBER CHAIRMAN: Sven Anden

OCTOBER DISCUSSION GROUP

OCTOBER CHAIRMAN: Perry Driggs

5 Mike Lapinski, Plante & Moran IT Consultant......Protecting Against Digital and Phone Frauds

Senior Health Matters Age-Related Loss of Memory-Part 1 of 3



Occasional lapses in memory are normal and are a part of the aging process, not a warning sign of serious mental deterioration or the onset of dementia. Since the brain is capable of producing new brain cells at any age, significant memory loss is not an inevitable result of aging. Examples would be:

• Occasionally forgetting where you left things you use regularly, such as glasses or keys.

- Forgetting names of acquaintances or blocking one memory with a similar one, such as calling a grandson by your son's name.
- Occasionally forgetting appointments or walking into a room and forgetting why you entered.
- Becoming easily distracted or having trouble remembering what you've just read or the details of a conversation.
- Not quite being able to retrieve information you have "on the tip of your tongue."

The primary difference between age-related memory loss and dementia is that the former is not disabling. The memory lapses have little impact on your daily performance and ability to do what you want to do. Dementia is marked by a persistent disabling decline in two or more intellectual abilities such as memory language, judgement and abstract thinking.

The 3 causes of age-related memory loss are:

- 1. The hippocampus, a region of the brain involved in the formation and retrieval of memories, often deteriorates with age.
- 2. Hormones and proteins that protect and repair brain cells and stimulate neural growth also decline with age.
- 3. Older people often experience decreased blood flow to the brain, which can impair memory and lead to changes in cognitive skills.

-Augustine L. Perrotta, DO

Associates Meeting

All Associate members are invited to the Associates Orientation meeting on Friday, October 5 at 9:00AM at The Community House. All eligible Associates will receive an invitation to this meeting. Any questions should be directed to Associate Chairman John Klein at 248-363-3020 or klein60@yahoo.com.

Medical Emergency Preparedness Team

Saturday, October 27, 2018 will be the next opportunity for CPR/AED training at the Birmingham Fire Department. There are a few slots available in this class that are open to those of you who wish to join the team. Also, those team members whose certification may have expired or is about to expire may wish to refresh their skills and become re-certified. Please see me for details and to register for this important life skills training.

—Dave Dinger

Help the Club Have Great Speakers

The speaker is the heart of our Friday meetings and we all benefit when the speaker is interesting, informative and engaging. Your officers have decided to enlist your aid in getting great speakers that will enhance our meetings. You can help in two ways:

- 1. If you know or know of one or two persons whom you think would be a great speaker, contact Roger Timm at rktimm@yahoo.com or 248.644.4050. Roger will discuss with you how to convert your suggestion of a possibility into one of our weekly speakers. You then can recruit the proposed speaker, assemble the material for publicity, and introduce the speaker to the Club. You will become that speaker's sponsor!
- 2. If you want a broader role in the speaker process, also contact Roger. As you know, the Club currently has monthly Program Chairmen. There are openings for some or all of several months in 2019. You could take responsibility for a full month, or only part of a month.

GET INVOLVED; AND HELP THE CLUB HAVE THE GREAT SPEAKERS THAT WE ALL WANT!

Groups



Classic Movie Group

Dick Harper will present two versions of the classic crime drama - "The Thomas Crowne Affair" - which is the story of a

supercool millionaire who plans the perfect robbery as an insurance investigator coldly determines to nab the gentlemen thief. The 1968 version, which stars Steve McQueen and Faye Dunaway, will be shown on Monday, October 8, while the 1999 version, which stars Pierce Brosnan and Rene Russo, will be presented on Monday, October 22. The time for both shows is 1:00PM. If you enjoy stylish detective stories then these two different but very well crafted films are for you.

—Fred Hansz



Reading Groups

On Wednesday, October 3, at 10:30AM we will discuss *The Soul of America*, by

John Meacham, a study of political and societal conflict in American history after the Civil War. In his introduction, Meacham writes, "The war between the ideal and the real, between what's right and what's convenient, between the larger good and personal interest is the contest that unfolds in the soul of every American." This is a timely book that should promote a lively discussion. Bob Maxfield will lead the discussion.

On Monday, October 15, at 3:00PM we will feature a special event with award-winning journalist Ron Fournier, the author of *Applebee's America: How Successful Political, Business, and Religious Leaders Connect with the New American Community*, participating with the group in the discussion of his book. Fournier partnered with Douglas Sosnik, a strategist in the Clinton White House and Matthew J. Dowd, a strategist for President Bush's two campaigns, to take their exclusive insiders' knowledge far outside Washington's beltway in search of keys to winning leadership and connecting with the American public. George Stern will lead the discussion along with Ron Fournier.

-Frank Snower



Genealogy Group

Whenever possible, we try to have one of our members share their family history so that we may find ideas that will help

us pass our personal information on to our families. Ed Cox has shared his wealth of history started by his grandfather...over 200 years of data. Ollie Marcotte also shared a treasure of family notes and pictures through a computer program he edited.

On Monday, October 1 at 2:00PM, Roy Albert will share a video of a very tough time in his life that his younger relatives have compiled regarding his captivity during WWII, and how it has affected him throughout his life. It is a very moving and memorable tribute of Roy's past that his family can continue to cherish in the future with their children.

—Dave Bakos

Computer Group

The next meeting of the Computer Group will be a field trip to the Apple

Store on Wednesday, October 17 at 9:00AM. The Apple Store is located in Somerset North on the first floor. The topic will be new Apple iPhones and your questions about anything Apple.

—Tom Allen



Investment Group

We will meet on Wednesday, October 10 at 2:45PM where Dawn Schluter, attorney and Counselor at Law, Miller Canfield will

address the group. The tax laws changed dramatically at the start of 2018 so your estate planning documents and strategies should be reviewed. Join Steve Rohr, Jim Williams (former SMC member) and Dawn to learn more about the changes that have been made in the estate, gift, and GST tax laws and how they impact your planning. The new Stock Game will start on October 12. Entry forms are online and will also be available at meetings. Bill Halbert won \$290 last year. Get in the game!

-George Miller

—Bob Frank

2018 SENIOR MEN'S CLUB AND THE COMMUNITY HOUSE ANNUAL GIVING INITIATIVE

I believe in the Senior Men's Club. I understand how important it is to have a home at The Community House. Therefore, I have contributed to the Annual Giving Initiative on behalf of the Senior Men's Club to support The Community House. - John Flintosh



We need your help to get to the finish line!

00%

90%

80%

72.0%

60%

50%

40%

30%

20%

10%

0%

HOUSE

I understand that the value of the rooms used by Senior Men's Club at The Community House is over \$225,000 each year. I readily give to the Annual Giving Initiative to help offset that amount. - Dick Bradley

I have lived in this area for some time. The Community House is a treasure for our community. Thus, as a member of the Senior Men's Club, I contribute each year. I want SMC to continue to have access. - Dick Harper

Where would the Senior Men's Club be without The Community House? Our rich history together and our future is intertwined. It is also a top-notch facility. I am happy to contribute to the Annual Giving Initiative through the Senior Men's Club. - Dave Bakos indispensable part of The Community House's growth, sustainability and financial viability. We remain touched, humbled and grateful. In graticule men. - Bill Seklar I give to the Annual Giving Initiative from the Senior Men's Club to The Community House because it is the 'right' thing to do! The Community House is so important to our

I first

encountered The

Community House as a

young person. The Community

House is a key asset to our

community. The relationship

between TCH and SMC is one that I

value. I want it to continue, I know

that my gift to the Annual Giving

Initiative is important.

- Tim McGee

On behalf of the

venerable community house in Birmingham, we wish to express ou

deep gratitude and appreciation to the

Senior Men's Club for your ongoing dedication, support, and leadership over these last six decades.

SMC has become an important and permanent part

of the fabric of our great organization. The financial

support that you contribute via the annual giving

initiative and other initiatives have become a

organization. We would not be the 'club' we are without the opportunity to meet at The Community House. - Jay Kafarski

It is an easy decision! Giving to the Annual Giving Initiative is partial payback to The Community House for the great benefit we receive. The Community House is such a 'quality' meeting place, and the staff is great! I try to give extra when I can. - Tom McNally







Notes from the President

Gentlemen

Friday Meeting Changes: At the SMC September Board Meeting, several changes to existing practices at our Friday Meeting were accepted. This flows from the Membership Survey led by a group chaired by Gene Jacoby. A second group led by Tim McGee developed points of improvement based on the survey. Many thanks to both group for their work.

- Approval of <u>Meeting Minutes</u> will be discontinued as part of the business meeting but willbe posted on the Bulletin Board and on the website.
- <u>Committee Reports</u> except for Visitation and Health and Special Events willbe given on the week before an event. Brevity will be encouraged.
- <u>Birthdays</u> and the birthday song will be recognized/shared at the beginning of the month as a group. The reading of individual names will be discontinued. A specific list will be posted on the Bulletin Board.
- <u>Guest Introduction</u> will be formatted and streamlined. Brevity and focus willbe emphasized.
- <u>Welcoming of Associates</u> will be eliminated.
- <u>Moment of Interest</u> will be scheduled for the first and third week of each month. The current schedule is three times per month. Three to five minutesis recommended. The new schedule will commence in January.
- <u>Meeting Room Setup</u> The TCH ballroom and adjacent rooms will be reconfigured beginning Sept. 14. Th goal is to improve the traffic flow and ease congestion. Also, chairs wilbe positioned in the center of the room for those who previously sat in Wilson room This is a response in part to suggestions that hearing and sight lines in the Wilson Room were lessthan optimal.
- <u>Hearing</u> Jerry Stribbell has worked with TCH to provide hearing implements for those who need. They will be available weekly.
- <u>SMC Officers</u>, the exceptions are the President and Recording Secretary will move out from the head table to join other tables to better engage with membership.

The goal of the above changes/adjustments is to streamline the Friday meeting. Please pass your feedback tone, any officer or especially to Tim McGee. Other initiatives in speaker organization, publicity, membership retention, membership acquisition, lunches, database development are being addressed. More information will come in the months ahead.

<u>Annual Giving Initiative</u> – As of September 11, 72% of goal hasbeen raised. We need your help and support. We have only a few months left until the end of the year.

<u>Attendance</u> - September has started well with attendance of 146 in the first weekand 148 in the second week. Our goal is to meet and exceed the weekly attendance of 2015/2016. With your help and support, we can do it!

Dick Bradley, President

October 2018

Special Events

Frankenmuth Trip

We are planning a unique multi-attractive special events trip to Frankenmuth on Wednesday, November 7. The first stop on a chartered 56 passenger bus will be to view the country's largest public display of galleries of Medal of Honor winners along with our state's astronauts. Next we will have an exclusive luncheon at the famous Zender's of Frankenmuth. Then we go to Bronner's Christmas Wonderland – the "world's largest Christmas store".

Departure will be at 8:30AM from the south parking lot of the First Presbyterian Church (1669 West Maple), with a return about 5:00PM. Tickets are priced at a bargain \$45, and will be available at all October Friday meetings. —Larry Price

Classic Movie Group Annual Meeting Notice

The Classic Movie Group will hold its Annual Meeting on Tuesday, October 9, from 1:00 to 3:00PM, to select the films to be shown during the coming year. If you enjoy movies and would like to make some suggestions, or possibly sponsor one of your favorite movies for presentation next year, please plan to join us. You can also let any member of our group know about any films that you would like to see on the big screen in 2019.

—Fred Hansz

2019 Club Handbook

Preparations for development and publication of our 2019 Handbook are underway. John Zarek and Jack Burns of the Handbook Committee need complete listings of each Club committee and group – chairmen and members. In addition, Frank Snower of the Database Committee needs any member information changes for handbook listings (address, phone, e-mail). The input deadline for all information to support December printing plans is November 1. We will appreciate the support of all chairmen and individual members.

-John Zarek, Jack Burns and Frank Snower

Christmas Dinner Dance

Join us on Tuesday, December 11 at the San Marino Club in Troy, located on the north side of Big Beaver Road between Rochester and John R. Roads. Our evening will begin with a social reception at 5:30PM featuring an antipasto table of chips, cheese, and crackers with veggie dip and punch. We will be seated at 6:45PM for announcements and introductions, followed by dinner at 7:00PM and dancing thereafter until 10:15PM. There will be free valet parking service.

Tickets (\$55 per person) will go on sale at our meetings on October 26 and continue through December 7. Reserved group tables will be available upon request, and we will be happy to arrange seating for couples and/or singles as well. Reservation forms for group tables (8 persons at each table) will be available at the Special Events table beginning on October 19. Reservation forms and tickets are also available from Tony DiMarco at 248-643-7368. We ask that groups reserving tables **please designate one person to collect the ticket fees and meal choices for the group and make one payment for the table**.

We have once again invited the members of the NEXT organization to join us. Please consider inviting friends and relatives to join you!

The dinner menu will include stracciatella soup, a mixed green salad, and your choice of dinner entrée: tenderloin of beef with mushrooms; chicken Parmigiana with mozzarella cheese; or baked orange roughy with lemon garnish; along with side dishes of green beans and St. Anne potatoes. Dinner will conclude with a raspberry sundae dessert. Glutenfree and vegetarian alternative meals will be available upon prior request.

A cash bar will be available throughout the evening, with cocktails at \$6, wine at \$5, beer at \$3, and free soft drinks. The San Marino Club will be festively decorated in a Christmas motif, with flowers and candles at each table. A four piece stringed instrument group with vocalist will entertain us through the evening, opening with a salute to the Armed Forces followed by a sing along, and nostalgic and seasonal favorites for our listening and dancing pleasure during the evening. The SMC Chorus will also serenade us with songs of the season. This is one of the most popular and successful SMC events, so please save the date and make your reservation plans early!

Dues are Due

Treasurer John Groves and his hard working finance team are accepting payment of member dues for 2019 at Friday meetings. Alternately, you can use the coupon below to pay by mail. Please note that our Executive Board has approved an annual dues increase to \$50.

SMC 2019 Dues Coupon - \$50

2019 dues are payable <u>before</u> January 1, 2019. A \$10 late fee **must** be added for dues paid <u>after</u> January 1, 2019. Make checks payable to SMC and pay at a meeting or by mail. Please use the coupon if paying by mail.

If paying by mail, send to: Senior Men's Club - Dues The Community House 380 South Bates Street Birmingham, MI 48009

Name:	l
Address:	I
City/State/Zip:	I
Phone:	1
Email:	!
Life Members pay no dues, but many use the coupon to make a voluntary contribution for financial support of our Club.	I

New Associates:

Gus J. Mondalek 10 Ashby Lane, Dearborn, MI 48120 313-492-5989 gmondalek@gmail.com Sponsor: Malcolm Hendy

Mark L. Diem 1768 Alexander Dr., Bloomfield Hills, MI 48302 248-909-3639 mldiem@hotmail.com Sponsor: Paul Gold

Deaths:

William B. Schwartz, (Life), joined July 2003

To Life Member:

Arthur Pope Walter R. Ebling

Reinstated:

Jeff J. Wachler Associate John Zack

> —Pete Kass, Membership Chairman Frank Snower, Database Chairman Tom Booth, Gene Markel & Roger Timm, Photography

Here Comes the Jug!

Our annual campaign to support the Oakland County Children's Village will be launched on Friday, October 19. Greg Alessi, OCCV Administrator will provide a brief review of the mission, services and facilities of this non-profit organization – the only such agency the club supports other than The Community House. We have been doing so for more than 30 years.

Please plan to bring your contribution – cash or check payable to OCCV on October 19 and help fill the jug. Remember, our jug will hold just as many large bills and checks as small ones, so please be generous. Contributions, of course, are tax deductible. Our goal is to have all members participate.

—Dick Halstead

Dress Code

President Dick Bradley has announced that our regular dress code – coats required, ties preferred – will be back in effect starting with our October meetings. Our "fashion police" will be observing to ensure we maintain our long standing reputation as the best dressed men in Birmingham.

Mystery Lyrics



We were pleased with the number of readers who remembered the song with these lines:

"I viewed the morning with much alarm The British Museum had lost its charm"

Eight readers recognized the song is "A Foggy Day". Congratulations to Joel Adelman, David Underdown, Tom Venier, Roger Timm, Fred Leydorf, Tom McNally, Fred Hansz and Clay Gordon. This month we are going to repeat another favorite, with these lines:

"People stop and stare, they don't bother me For there's nowhere else on earth that I would rather be"

Can you name that tune?

Sports Trivia

Six readers remembered the managers and teams involved in a most unusual trade – a mid-season exchange of managers. During the 1960 season, the Detroit Tigers and Cleveland Indians traded managers – Joe Gordon came to Detroit from Cleveland in exchange for Jimmy Dykes. An examination of team performance suggests this trade was of little value – neither team improved.

Congratulations to Ken Beres, Roger Timm, Joel Adelman, Dennis Kozak, Tom McNally and the ever present Clay Gordon.

Let's try a Detroit Lions challenge this month. Most members will remember the days when Bobby Layne was the best known Lion, known for exploits both on and off the field. Layne of course was a Texan, but he wasn't the only Texan on the team. There were at least four others – how many can you name?

THE REMINDER

A monthly publication of the Senior Men's Club of Birmingham, which meets on Fridays at 10:30AM at The Community House, 380 South Bates Street, Birmingham, Michigan 48009.

Officers for 2018 are: Charles R. (Dick) Bradley, president; Timothy S. McGee, first vicepresident; Gerald W. (Jerry) Stribbell, second vice-president; Roger K. Timm, recording secretary; Maynard L. Timm, corresponding secretary; John P. Groves, treasurer; James A. (Jim) Bayson, assistant treasurer; John R. Bergeron, Thomas L. Booth, officers at large; George A. Grove, parliamentarian.

THE REMINDER includes: Dick Harper, editor emeritus; Maynard Timm and Jay Kafarski, co-editors; John Flintosh and Chuck Ragains, associate editors; Tom Booth, Gene Markel & Roger Timm, photography; Bob Jordan, mailing; Lee Trumbull, computer layout.

Senior Men's Club of Birmingham 380 South Bates Street, Birmingham, MI 48009 www.communityhouse.com

CLUB DATES TO REMEMBER

Executive Board Meeting: Tuesday, October 9, 9:30AM Reminder Deadline: Friday, October 12 Bowling: Mondays at 10:00AM at Troy Lanes Bridge: Tuesdays at 9:00AM; Fridays after lunch Golf: Thursday at Springdale, 7:00AM

Special Events

Schoolcraft Dinner: Thursday, October 11, 6:00PM Frankenmuth Trip: Wednesday, November 7, 8:30AM Annual Christmas Party: Tuesday, December 11, 5:30PM

Group Meetings

Genealogy Group: Monday, October 1, 2:00PM Book Reading Group A: Wednesday, October 3, 10:30AM Classic Movie Group: Monday, October 8, 1:00PM Camera Group: Tuesday, October 9, 2:00PM Classic Movie Group Annual Meeting: Tuesday, October 9, 1:00PM Investment Group: Wednesday, October 10, 2:45PM Book Reading Group B: Monday, October 15, 3:00PM Computer Group: Wednesday, October 17, 9:00AM at Somerset Apple Store

Classic Movie Group: Monday, October 22, 1:00PM

All events at The Community House unless otherwise stated.

SMC ON THE WEB: www.seniormensclubbirmingham.com

—Dick Harper

www.communityhouse.com/supported-groups-nonprofits/senior-mens-club/