

The Reminder



January 2019

Senior Men's Club, Birmingham, Michigan

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President's Award

The President's Award recognizes significant and noteworthy contributions to the Senior Men's Club.

President Dick Bradley recently announced and presented this award to Larry Imerman, noting the multi-faceted and imaginative roles Larry played for our Club in 2018 and continues to play.

Larry served as monthly program chair or co-chair no fewer than three times in 2018. He is our liaison with Birmingham parking authority to keep us informed as to ever-changing parking situation near The Community House. He investigated possible ride/drive arrangements for members in need of rides to our meetings. Also, Larry is a member of the Special Events Committee and is involved in Club walking activities.

Beginning this month, Larry has organized special presentations of members describing their volunteer efforts in the community - with the objective of motivating increased contributions supportive of the Club's "Men for Others" theme.

Lastly and most significantly, Larry is an imaginative and important voice at our Executive Board meetings, with comments and sometimes challenges for the Board to consider new and innovative ideas to improve our Club. His energy, enthusiasm and insightful ideas truly benefit the Senior Men's Club. Congratulations, Larry!

—Dick Harper



JANUARY PROGRAMS

JANUARY CHAIRMAN: Maynard Timm

4 NO MEETING

11 Stephen J. Murphy, III, U.S. District Judge, Eastern District, Michigan.... *The Limited Power of the Federal Judiciary*

18 Julie Dawson, Birmingham Watercolor Artist, Author & Photographer...*Seeing the World Through the Heart of its Bells*

25 Kathy Broock Ballard, Max Broock Realtors *2019 Real Estate Outlook*

Fellowship • Shared Interests • Service

Life Member Dues

Life membership continues to be a fast-growing category in our Club. We evidently are living longer and better, benefitting from active participation in Club activities.

One of the traditional benefits of reaching this much-respected status is that paying annual dues is no longer required. However, a significant number of our Life Members continue to pay dues on a voluntary basis, telling us that they want to contribute to Club financial stability.

Our finance staff continues to collect 2019 dues and would be more than happy to accept dues from generous Life Members with many thanks.

—Dick Harper

Senior Health Matters The Secrets of a Longer Life

New data from the Global Burden of Disease Study has revealed it is our own behavior that is the greatest threat to our staying alive. Poor diet is the number one risk factor, followed by high blood pressure and smoking. A poor quality diet was a bigger cause of death than obesity itself but it may well be that the obesity component will be the most important factor in the future. It was behind more than 19% of all deaths worldwide and almost 70% of coronary heart disease deaths in 2017. A diet high in sodium was the most common cause of death.

Professor John Newton, a collaborator on the project stated, "People are eating too many calories, they are having too much fat and carbohydrates in their diet and they are not taking enough exercise."

Non-communicable diseases such as cancer and diabetes now account for $\frac{3}{4}$ of the 55.9 million deaths worldwide, many of which are unnecessarily early. Lung cancer is the most common cancer causing death.

—Augustine L. Perrotta, DO

SMC Database Updates

The SMC Access database and data entry are being reviewed to improve entries, organization and distribution. Comments and suggestions should be forwarded to Steve Pickett, Frank Snower or Dave Ehlen. We are also starting to look at alternative ways to manage SMC information and distribution.

2 —Dave Ehlen

A New Approach for the Moment of Interest

I and many other Senior Men's Club members are a product of Jesuit education and thus, has been influenced by its motto to be MEN FOR OTHERS! To this end, we will be initiating a new concept for the Friday meeting Moment of Interest starting in January 2019.

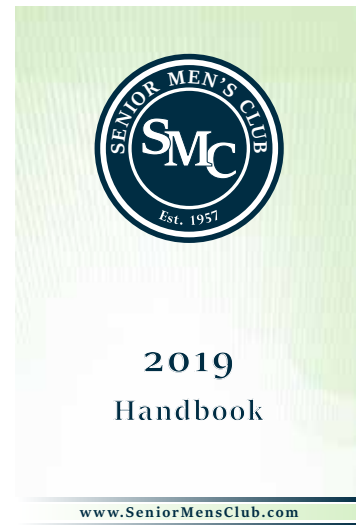
Championed by SMC member, Larry Imerman, once a month we will highlight a member to briefly speak on his volunteering involvement within the community. Our purpose is to introduce new volunteer opportunities for other SMC members and to give evidence that our fellow SMC members are indeed MEN FOR OTHERS and MEN ON THE GO!

—Tim McGee

2019 Handbook Availability

The Handbook Committee will be distributing the new 2019 Handbooks at all Friday meetings in January. Please look for our table and pick up your new handbook.

—The Handbook Committee



New Year's Resolution

As we begin a New Year together, please resolve to regularly attend SMC Friday Meetings and participate in our many activities. In so doing, you will be enriched by joining others in the promotion of fellowship, shared interests and the rendering of community service. We are all in this together!

—Maynard Timm

Be Active! Live Longer!

BE A MAN ON THE GO!

Whether you enjoy hanging out at the alleys; or cycling to nowhere; or walking in circles; or swinging clubs at a little ball, it's good to get up and GO!

Winter Golf

Clean the spikes, stretch your legs and dust off the clubs that have sat idle since October as it is time for the Senior Men's Club Winter Golf Practice at the Oakland Yard Dome beginning Thursday, January 3rd. Cost is \$10 for all the balls you care to hit between 9:30-11:30AM. Lunch follows at Hero's Restaurant.

While practicing, remember to mark your calendars for the start of the season in April at Springdale and Lincoln Hills. If you want to guarantee a tee time on Mondays at Lincoln Hills, you need to pay for the season in March or else we will try to squeeze you in during our allotted time from 7:00-9:00AM. And we really do mean TRY, as due to all the new members, it may be impossible to fit you in. More information will be posted in early March.

—Tim McGee

Spinning

Spinning classes are back on Wednesdays at noon at the Beverly Hills Club with instruction by Joe Schulenberg.

SMC Walkers

Winter has arrived and you need to work off those extra pounds you gained during the holidays. So consider joining us on Tuesday and Thursday mornings at 8:00AM. According to our resident NY Italian doctor, keeping active by walking is healthy for the body and the talking while walking is stimulating for the mind...of course he has gone to Florida for the winter where the walking is warmer!

Please consider joining us as we walk our winter venue at Somerset Collection or the indoor track at the First United Methodist Church. While golf, bowling and spinning are good ways to keep fit, walking provides exercise and socialization with the least amount of effort. MEN ON THE GO is our motto and our motivation.

—Charlie Blank

Bowling

The first half of the season has come to a close, but there is still room to join in the fun every Monday morning at 10:00AM at the Escape (the old Troy Lanes). We need both regulars and subs. For more information, see any of the committee members listed in your new SMC Directory!



In Memoriam

The Senior Men's Club lost 18 members in 2018, well below 31 in 2017 and 41 in 2016. Viewing this list of departed men makes us realize how precious life is, as well as reminding us of the many contributions these men made to our Club!

James F. Brooks
William H. Corba
Daniel M. DeBoer
Zachary F. Endress
Marion S. Ferszt
Robert L. Fregolle

W. James Haidle
Kenneth D. Holloway
John G. Howell
Sami S. Kabbani
William H. Laitinen
Raymond Latovick

Richard T. Lindgren
Curtis L. Lundy
Bryant D. Oxendine
George Ritter
William B. Schwartz
John H. Stunz

Special Events

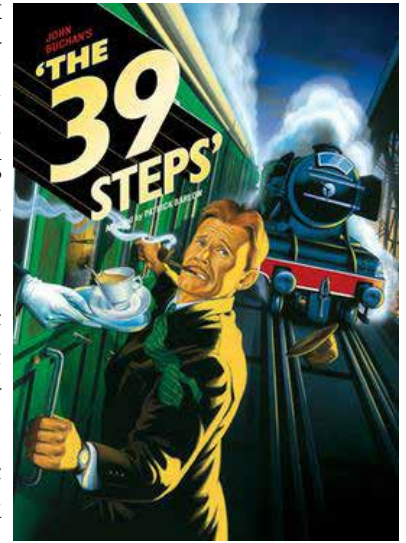
2019 Detroit Auto Show

On Thursday, January 24, 2019, we will make our annual excursion to the North American International Auto Show at Cobo Hall. This year's show promises to be another great one, with many new production models and design concept vehicles on display. This event offers the conveniences of no driving, no parking, no coat check needed, and (thanks to Dean Sellers Ford) no admission fee! Tickets for the bus ride are \$15. Our buses will leave the First Presbyterian Church parking lot (1669 W. Maple) at 9:30AM, depart the Auto Show at 2:00PM, and return to the church at about 3:00PM. We will be selling tickets at the Special Events table on January 11 and January 18. After January 18, please contact Jim King (248-645-9388) for tickets. We are planning to charter two buses again this year, so we will be happy to accommodate wives and significant others. Invite a friend and/or a prospective member! This event has generally been a sellout, so buy your tickets early.

—Jim King

Save the Date "The 39 Steps"

Mix a Hitchcock masterpiece with a juicy spy novel, add a dash of Monty Python, and you have an intriguing thrilling riotous, and unmistakable comedy. This describes "The 39 Steps" a comedy of pure pleasure offered by the Ridgedale Players of Troy on Sunday, March 24, 2019 at 2:00PM. We have arranged a fine lunch at Picano's Restaurant on Rochester Road at 12:00PM. Tickets will be sold on March 1, 8 and 15. The cost is \$40 covering both the lunch and theater. This will be a self-driving event.



—Tom McNally

Outstanding Service Awards

The Outstanding Service Award represents the most prestigious recognition given members for multiple and longstanding contributions to our Club. Nominations are considered and selected by the Policy Committee, chaired by Past President Gene Jacoby. For 2018, two members were honored, as announced by President Dick Bradley.

—Dick Harper



Irvin Poston

Irvin E. Poston has been a member since 2001 and has always been one of our most active and involved participants. He had contributed to a broad array of Club responsibilities, culminating when he served as Club President in 2010. Both before and after his presidency, Irv played major leadership roles in the Camera, Computer, Data Base and Legacy Endowment Committees. He also organized and developed the member

photos displayed in our 60th-anniversary directory. Also, Irv likes to remind us that he is a Boilermaker – one of the few Purdue graduates in our Club. Congratulations and well-deserved Irv!



Ben Mangiapane

Ben Mangiapane was also honored with our OSA. Ben, a member since 2005, epitomizes members who are always on hand, contributing to Club activities, often behind the scene. He arrives early every Friday, first to serve with the Table Setting Committee, which he co-chairs, and then on the Lunch Ticket Committee, which he also co-chairs. He is one of the first to

arrive and last to leave every meeting date. He also is a member of *The Reminder* mailing team and has been an active bowler for many years. Ben sets an example for us regarding multi-faceted contributions to our Club. Congratulations, Ben!

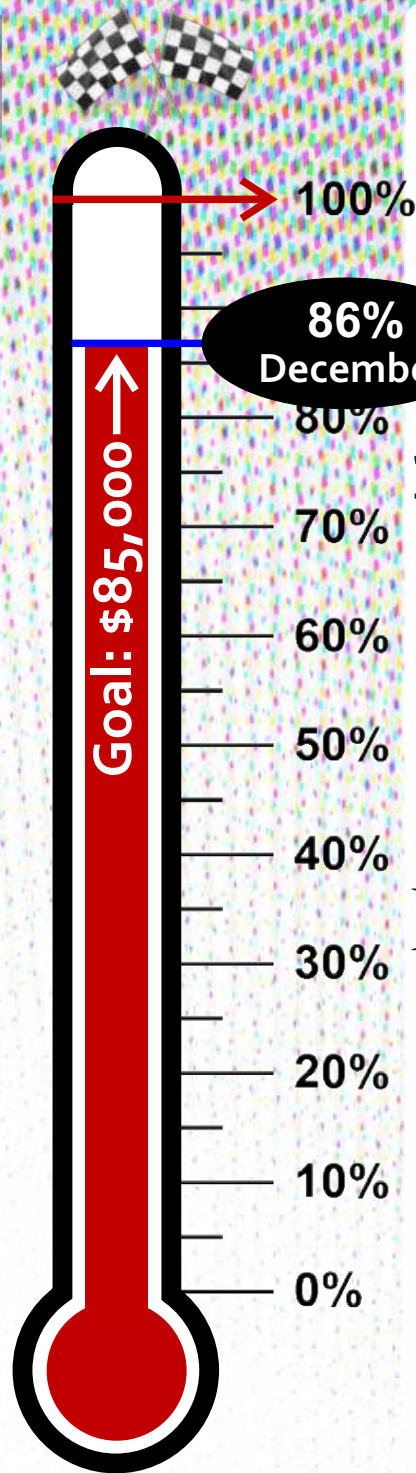


THE
COMMUNITY HOUSE
BIRMINGHAM

Why The Community House?

The Community House has been our partner for 61 years! It has provided us with stability and a place for growth. TCH depends on the generosity of the Senior Men's Club so they can continue to address their mission. Last year alone the Senior Men's Club used over 450 rooms with a street value of up to \$250,000.

*If you have given . . .
Please consider an additional gift!
If you have not yet given . . . Please give!*



We need your help to get to the finish line!

2018 SMC & TCH ANNUAL GIVING INITIATIVE

Thank you for your generosity!

Annual Giving Initiative	
President's Circle	Individuals who give \$2,500 or more in total in 2018. Their names will be recognized in Senior Men's Club publications including the Reminder and at the Annual Giving Luncheon in 2019.
Champion	Individuals who give \$1,000 or more in total in 2018. Their names will be recognized in Senior Men's Club publications including the Reminder and at the Annual Giving Luncheon in 2019.
High Honors	Individuals who give \$500 or more in total in 2018. Their names will be recognized in Senior Men's Club publications including the Reminder and at the Annual Giving Luncheon in 2019.
Honor Role	Individuals who give \$250 or more in total in 2018. Their names will be recognized in Senior Men's Club publications including the Reminder and at the Annual Giving Luncheon in 2019.
Supporter	All contributors who give less than \$250 to the 2018 Annual Giving Initiative will be recognized at the Annual Giving Luncheon in 2019.

Groups



Classic Movie Group

On Monday, January 14 at 1:00PM, Joel Adelman will present a landmark film from the '60s – "The Graduate" - (1967), starring Dustin Hoffman, Katharine Ross, and Anne Bancroft. In this pungent comedy, a fresh but naïve college grad is seduced by an older woman and then falls in love with her daughter. Oscar-winning direction by Mike Nichols and a perfect song score by Simon and Garfunkel help to make this movie an outstanding classic. If you love great films from the 1960s, then this is a movie for you to enjoy. With our new high definition projection system, brilliant sound and a new re-mastered Blu Ray disc, this movie will have you singing – "Here's to You, Mrs. Robinson." Please plan to attend our show with family and friends and enjoy this outstanding classic film along with plenty of great popcorn.

—Fred Hansz



Investment Group

The Investment Group will meet on Wednesday, January 9 at 2:45PM. Our speaker will be Carlos Rangel, Director of Investments at Kellogg Foundation in Battle Creek. At 9 billion, they are one of the largest private foundations in the U.S. and Carlos manages a globally diversified portfolio. His subject will be "Algorithms to Live By: Investing in the Digital Age." The presentation will focus on the challenges, opportunities, and approach for investing in this era of technological disruption. Bring your spouse and a guest to this unique meeting. Mike Clement leads the Stock Game with a 21.8% gain.

—George Miller



Computer Group

The Computer Group will next meet on Wednesday, January 16 at 3:00PM. Topic and speaker TBD.

—Tom Allen



Genealogy Group

The Genealogy Group will not meet in January 2019. Our next meeting will be Monday, February 4, 2019 at 2:00PM.

—Dave Bakos



Reading Groups

On Wednesday, January 2, 2019 at 10:30AM, we will discuss "Sapiens: A Brief History of Humankind," by Yuval Harari. In "Sapiens," Dr. Harari spans the whole of human history. Bold, wide-ranging, and provocative, Sapiens explores the origins of our beliefs in gods, nations, and human rights, and why we adopted such fundamental societal institutions as money, books, and laws. *The Guardian* writes, "It really is thrilling and breathtaking; it actually does question our basic narrative of the world." Rich Schreck will lead the discussion.

On Monday, January 21 at 3:00PM we will discuss the acclaimed novel "War and Turpentine," by Stefan Hertmans. In this *New York Times* Top 10 Best Book of the Year, a Flemish writer tries to piece together the life story of his grandfather, who was the child of a lowly church painter, a foundry worker who narrowly escaped death, a soldier in World War I, a man married to his true love's sister, and a veteran haunted by war and his frustrated dreams of life as an artist. *The Economist* describes this book as, "A lovingly reimagined life of an ordinary man... forever marked by the first world war." George Stern will lead the discussion.

—Frank Snower



Camera Group

The Camera Group will meet on Tuesday, January 8 at 2:00PM. We will show slides of the Normandy landing area one month after the invasion and the same areas years later that Charlie Gates, SMC Member, has procured for us.

—Bob Frank

New Members:



Peter D. Hollinshead
590 Lakeview Ave.
Birmingham, MI 48009-1366
248-835-6657
PHollinshead@comcast.net

To Life Member:

Roger W. Gettel
Thomas D. Sellers
Melvin R. Zoschnick

Deaths:

Kenneth F. Madigan

—Dave Ehlen, Membership Chairman
Frank Snower, Database Chairman
Tom Booth, Gene Markel & Roger Timm, Photography

Associate Members:

Arthur C. Daschke
3779 Summit Ridge Dr.
Rochester Hills, MI 48306-2969
248-894-0105; ADaschke@gmail.com
Sponsor: Richard Schreck

Thomas C. DeCorte
4040 Cranbrook Ct., Bloomfield Hills, MI 48301
248-634-4818; TCDeCorte@comcast.net

Arnold B. Forrester
1252 Bates Street, Birmingham, MI 48009
248-990-2387
Sponsor: Jack Burns

Michael J. Jones
934 Golfview Ct., Rochester Hills, MI 48307
248-495-2908
MikeandVeronica.Jones2@gmail.com
Sponsor: Martin Rowell

David R. Turnbull
2372 Fairway Dr., Birmingham, MI 48009
248-760-2793; DaveT57@sbcglobal.net
Sponsor: George Dilgard



SMC 2019 Dues Coupon - \$50

2019 dues are payable before January 1, 2019. A \$10 late fee **must** be added for dues paid after January 1, 2019. Make checks payable to SMC and pay at a meeting or by mail. Please use the coupon if paying by mail.

If paying by mail, send to:
Senior Men's Club - Dues
The Community House
380 South Bates Street
Birmingham, MI 48009

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Life Members pay no dues, but many use the coupon to make a voluntary contribution for financial support of our Club.

Mystery Lyrics



Only six readers were able to identify the song with these memorable lyric lines:

*"Like a summer with a thousand July's,
You intoxicate my soul with your eyes."*

Congratulations to Joel Adelman, Fred Leydorf, Midge (Roger) Gettel, Fred Hansz, Clay Gordon, and Dolly (Bill) Johnson. (We expected more readers to know that the song is "You Go to My Head").

This month we have a novelty tune recorded by Glenn Miller and others, with these lyric lines:

*"Why are the stars always
winking and blinking above
What makes a fellow start
thinking of falling in love."*

Can you name that tune?

Sports Trivia

Our philosophy is that the Sports Trivia question should perhaps be difficult, but not impossible. Last month's challenge was almost too difficult. We asked you could remember two MSU football players who also were Detroit Tigers. One – Kirk Gibson – was pretty obvious. The other was obscure – it was Tom Yewcic, an MSU quarterback who lasted less than a year with the Tigers. Dick Kamp and Chuck Ragains did remember Yewcic. They along with Jack Corey, Joel Adelman, Clay Gordon, and Dave Ladd had Gibson. (Actually, we were surprised we didn't get more with Gibson).

This month's challenge should be easier. Can you remember a major leaguer who won both games of a Sunday double-header for his team with last inning pinch hits? (Remember double-headers?)

—Dick Harper

THE REMINDER

A monthly publication of the Senior Men's Club of Birmingham, which meets on Fridays at 10:30AM at The Community House, 380 South Bates Street, Birmingham, Michigan 48009.

Officers for 2019 are: Timothy S. McGee, President, Gerald L. Stribbell, First Vice President, Roger K. Timm, Second Vice President, Maynard L. Timm, Recording Secretary, Swarn G. Rajpal, Corresponding Secretary, John C. Marsh, Treasurer, John P. Groves & James E. Bayson, Assistant Treasurers, David N. Bakos and Clifford R. Snedeker, Officers at Large.

THE REMINDER includes: Dick Harper, editor emeritus; Maynard Timm and Jay Kafarski, co-editors; John Flintosh, associate editor; Tom Booth, Gene Markel & Roger Timm, photography; Bob Jordan, mailing; Lee Trumbull, computer layout.

Senior Men's Club of Birmingham
380 South Bates Street, Birmingham, MI 48009
www.communityhouse.com

CLUB DATES TO REMEMBER

Executive Board Meeting: Tuesday, January 15, 9:30AM

Reminder Deadline: Friday, January 11

Bowling: Mondays at 10:00AM at Troy Lanes

Wednesdays at 10:00AM at Troy Lanes (Practice)

Golf: Thursdays, 9:30AM (begins 1/3) at Oakland Yard Dome (Practice)

Bridge: Fridays after lunch

Special Events

Detroit Auto Show: January 24, 9:30AM

"The 39 Steps" with Ridgedale Players of Troy: March 24, 2:00PM

Group Meetings

Genealogy Group: Monday, February 4, 2:00PM

Book Reading Group A: Wednesday, January 2, 10:30AM

Classic Movie Group: Monday, January 14, 1:00PM

Investment Group: Wednesday, January 9, 2:45PM

Camera Group: Tuesday, January 8, 2:00PM

Book Reading Group B: Monday, January 21, 3:00PM

Computer Group: Wednesday, January 16, 3:00PM

All events at The Community House unless otherwise stated.

SMC ON THE WEB:

www.seniormensclubbirmingham.com

www.communityhouse.com/supported-groups-nonprofits/senior-mens-club/